

Time	Action
05:00	'Stand-to' (short for 'Stand-to-Arms', meaning to be on high-alert for enemy attack).
05:30	Rum ration.
06:00	Stand-to half an hour after daylight.
07:00	Breakfast (usually bacon and tea).
After 08:00	Clean themselves; clean weapons; tidy trench.
12:00	Dinner.
After dinner	Sleep and downtime (one man per ten on duty).
17:00	Tea.
18:00	Stand-to half an hour before dusk.
18:30	Stand-down half an hour after dusk.
After 18:30	Work all night with some time for rest (patrols; digging trenches; putting up barbed wire; getting stores; replacement of a unit of soldiers every five days).